

Indian Ocean Explorer

Experience Western Australia's spectacular coastline from Fremantle to Cottesloe on a stunning Indian Ocean ride. Ride through the historic West End of Fremantle, the working port, across the Swan River into North Fremantle and onto a coastal cycle path taking in some of Perth's most iconic stretches of beach including Port, Leighton and Cottesloe. Bring your bathers for a dip or two along the way.

General Information

This cycle trail largely follows existing bike paths and takes visitors on a journey along a stunning part of Perth's coast.

Distance

Approx. 10km.

Duration

Approximately one and a half hours of riding time, plus stops.

Difficulty

This trail is generally flat bike path or on road cycling lanes.

Bike Hire

www.westcycle.org.au
Search 'Bike Hire' to find your closest Bike Hire location or visit the Fremantle Visitor Centre for bike hire options.

Parking

Parking is available throughout the City of Fremantle, Town of Mosman Park and Town of Cottesloe.

Transport

Stations along the Fremantle to Perth train line are accessible from the cycle route. Bikes can be taken on trains outside of peak times (7am-9am and 4.30pm-6.30pm).

Travel Tips

- All bike paths on this route are 'shared paths'. Please give way to pedestrians at all times.
- Ride single file on bike paths. Ring your bell if approaching pedestrians from behind.
- Be alert, be predictable, and be courteous at all times.
- Bring water bottles. You can fill them up along the trail.
- Most importantly enjoy the sights of Fremantle and Perth's coast.

Stops

1. West End and Round House
2. Victoria Quay, E Shed Markets and WA Maritime Museum
3. Containbow
4. Swan River and North Fremantle
5. Port Beach
6. Leighton Beach
7. Vlamingh Memorial
8. Cottesloe Beach

Legend

- Public transport
- Toilets
- Water fountains
- Food hub
- Playground
- Swimming
- Visitor Centre

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Urban Bike Explorers is an initiative by Tourism WA.
www.tourism.wa.gov.au



Trail Notes

This trail follows on road paths and bike paths through Fremantle and along the coast to some of Perth's iconic beaches. Start your journey at Fremantle Visitor Centre under the Fremantle Town Hall clock or anywhere along the trail. Enjoy the stunning views of the Indian Ocean with plenty of opportunities to stop along the way to enjoy a drink, or spend a lazy day swimming at each of the beaches.

From the Fremantle Visitor Centre head west through the High Street Mall and then follow High Street through Fremantle's West End to the Round House (1).

1. West End and Round House

- Cross the railway line and turn right onto the bike path. Follow the path for approximately 500m to Victoria Quay (2).

2. Victoria Quay, E Shed Markets and WA Maritime Museum

- Stop in Victoria Quay to visit the E Shed Markets and/or WA Maritime Museum or continue along the bike path, which runs along the rail line and adjacent to the port of Fremantle.
- After approximately 800m the bike path crosses underneath the railway line. Turn left after passing under the bridge and follow the bike path adjacent to Beach Street for approximately 800m.
- Just after passing underneath the Fremantle Traffic Bridge cross Beach Street at N Worrall Park. Follow the pedestrian path for a short distance and turn right between the two cafes to locate Containbow (3).

3. Containbow

- After taking a 'selfie' at Containbow continue on the path back to the Fremantle Traffic Bridge. Cross the intersection of Queen Victoria Street and the Canning Highway and head across the Swan River into North Fremantle (4).

4. Swan River and North Fremantle

- Follow the shared path until you reach Tydeman Road and then turn left. This path, which runs adjacent to Tydeman Road takes you past the Fremantle Port and after approximately 1km you will reach Port Beach (5). Please take care on this section of the path as there are a number of road crossings, which are used by trucks to access the port.

5. Port Beach

- Cross the intersection of Tydeman Road and Port Beach Road and turn right. Follow the bike path along Port Beach for approximately 1km to Leighton Beach (6).

6. Leighton Beach

- After passing through the Leighton Beach Precinct continue along the bike path as it winds its way through the coastal dunes and along the Indian Ocean. The path in this area rises slightly and there are a number of potential spots to stop and take photos of Perth's stunning coastline.

- At the end of Leighton Beach the path veers slightly inland taking riders to the Vlamingh Memorial (7).

7. Vlamingh Memorial

- From the Memorial follow the path adjacent to Marine Parade and into South Cottesloe. Continue along the path past Seaview Golf Course on the right and Cottesloe Surf Life Saving Club on the left until you reach Cottesloe Beach (8).

8. Cottesloe Beach

- Continue riding along the path for stunning views over the Indian Ocean.

Return Journey

- Options for returning to Fremantle include doing the journey in reverse, or following the bike or on road paths down either Forrest or Grant Street and catching the train from Cottesloe or Grant Street Stations.
- Alternatively, from Cottesloe or Grant Street stations, turn left and continue your ride to Perth or the various town centres along the Principal Shared Path.



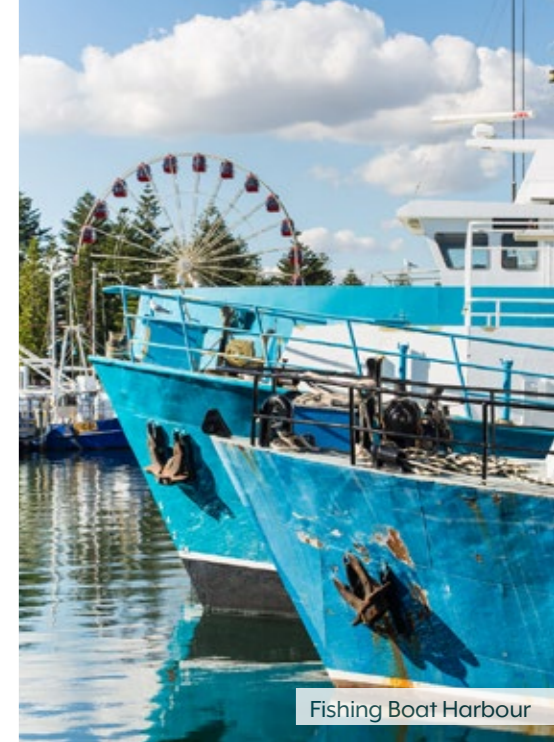
West End Precinct & National Hotel

Fremantle West End

The State Heritage listed West End Precinct is one of the best preserved Victorian streetscapes in the world, established in the gold boom era. At the end of High Street you'll find WA's oldest public building, the Round House, built in 1831.

Victoria Quay

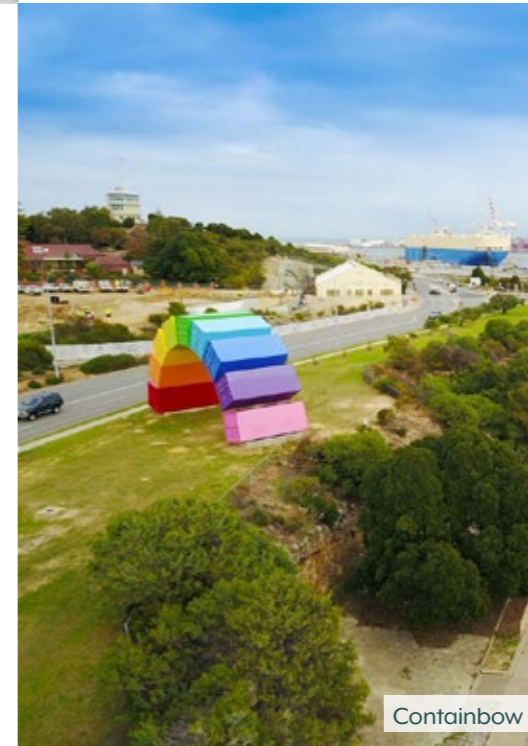
The Victoria Quay precinct on Fremantle Harbour is home to the E Shed Markets and WA Maritime Museum. Ferries to Rottnest Island leave regularly from B Shed and cruise ships from the Fremantle Passenger Terminal.



Fishing Boat Harbour

Containbow

Stop at one of Fremantle's most loved selfie spots, Containbow, a sculpture by Marcus Canning (#containbow). At 9m high and 19m long, the sculpture is made up of 9 brightly coloured sea containers making a cultural gateway to Fremantle and the harbour on the Swan River.



Containbow

North Fremantle

Fremantle Traffic Bridge and Ferry Capstan Base mark the crossing of the Swan River between Fremantle and North Fremantle. The river is known by the Whadjuk (local indigenous people) as Derbal Yerrigan, who believe it was created by a spirit named Waugal.



Leighton Beach

Port Beach

With attractive views out to Rottnest Island, Port Beach is a favourite with Perth locals. Take a break from your ride to soak up the sun, take a dip between the flags of the patrolled swimming beach, or snorkel in the calm clear waters.

Leighton Beach

The Fremantle Surf Life Saving Club (FSLC) building marks the start of Leighton Beach. It's a popular beach for swimming and snorkelling in summertime or just an easily accessible spot for enjoying a trip to the beach.

Vlamingh Memorial

The Vlamingh Memorial obelisk marks the area where a party from three ships, Geelvinck, Nijptangh and Westeltje, under the command of Willem de Hessesels Vlamingh landed on the beach in 1697.

Cottesloe Beach

The Cottesloe Beach Precinct was established in the early 1900s as Western Australia's premier holiday resort, with guesthouses, hotels, and tearooms concentrated along Marine Terrace. The bike path provides stunning views of the coastline as far as the eye can see.



Cottesloe Foreshore